



First Steps is a statewide early intervention system that provides services to children with developmental delays or a particular medical condition known to cause a developmental delay, from birth to age three and their families. State and federal funds help support First Steps.

## **WHAT IS PROVIDED?**

New Vista First Steps provides a wide variety of services and supports depending upon the needs of the child. Eligibility for services is determined through a process of child and family assessment.

### **Services Offered**

- Speech Therapist
- Physical Therapist
- Occupational Therapist
- Developmental Interventionist
- Behavior Interventionist
- Nutritionist
- Deaf and Hard of Hearing Teacher
- Visually Impaired Teacher
- Psychologist
- Audiology

### **Some Developmental Concerns**

- One-year-old who is not crawling or cruising furniture
- Two-year-old who does not have 50 words and not using two-word phrases
- Child who does not play with toys appropriately
- Child suspected to be on the autism spectrum or has an autism spectrum disorder diagnosis

If you are concerned a child under the age of three is not meeting developmental milestones, you can make an online referral <https://www.kytots.org/tots/referralportal.aspx> or call New Vista First Steps at the nearest location below.

## **WHO CAN REFER?**

ANYONE can refer! From parents and relatives to daycare providers and physicians, anyone can start the First Steps process for a child. If you know a child that may benefit from early intervention services, or for any questions, please contact us at the number below.

## **WHAT IS THE COST?**

All families are assessed for their ability to pay. Families may access Medicaid, private insurance, or pay a participation fee, based on household size and income.

### **New Vista First Steps – Bluegrass Region**

343 Waller Avenue, Suite 201  
Lexington, KY 40504

Phone 859.271.9448 or 1.800.454.2764  
Fax 859.272.6893

### **New Vista First Steps – Lincoln Trail Region**

2935 Dolphin Drive, Suite 203  
Elizabethtown, KY 42701

Phone 270.737.5921 or 1.800.678.1879  
Fax 270.982.0829